



# *MEPHESTO*

## *Digital Phenotyping 4 Psychiatric Disorders from Social Interaction*

*GAIN Kickoff, 18 October 2022*

Dr Alexandra König , Psychologist  
Email: [alexandra.konig@inria.fr](mailto:alexandra.konig@inria.fr)

# Motivation



- Clinical insights through keen behavioral observation & subjective questionnaires and scales
  - Punctual assessments based on interactions between patient and clinician only
  - Variability in results, errors and misdiagnosis
- Need for ***diverse data*** and ***dimensional approaches*** as fundamental principles for better diagnosis of mental disorders
- “***Measurement-based care***” rather than relying only on clinical judgment
- Shift from late disease management and cure to ***preventative-personalized precision medicine***

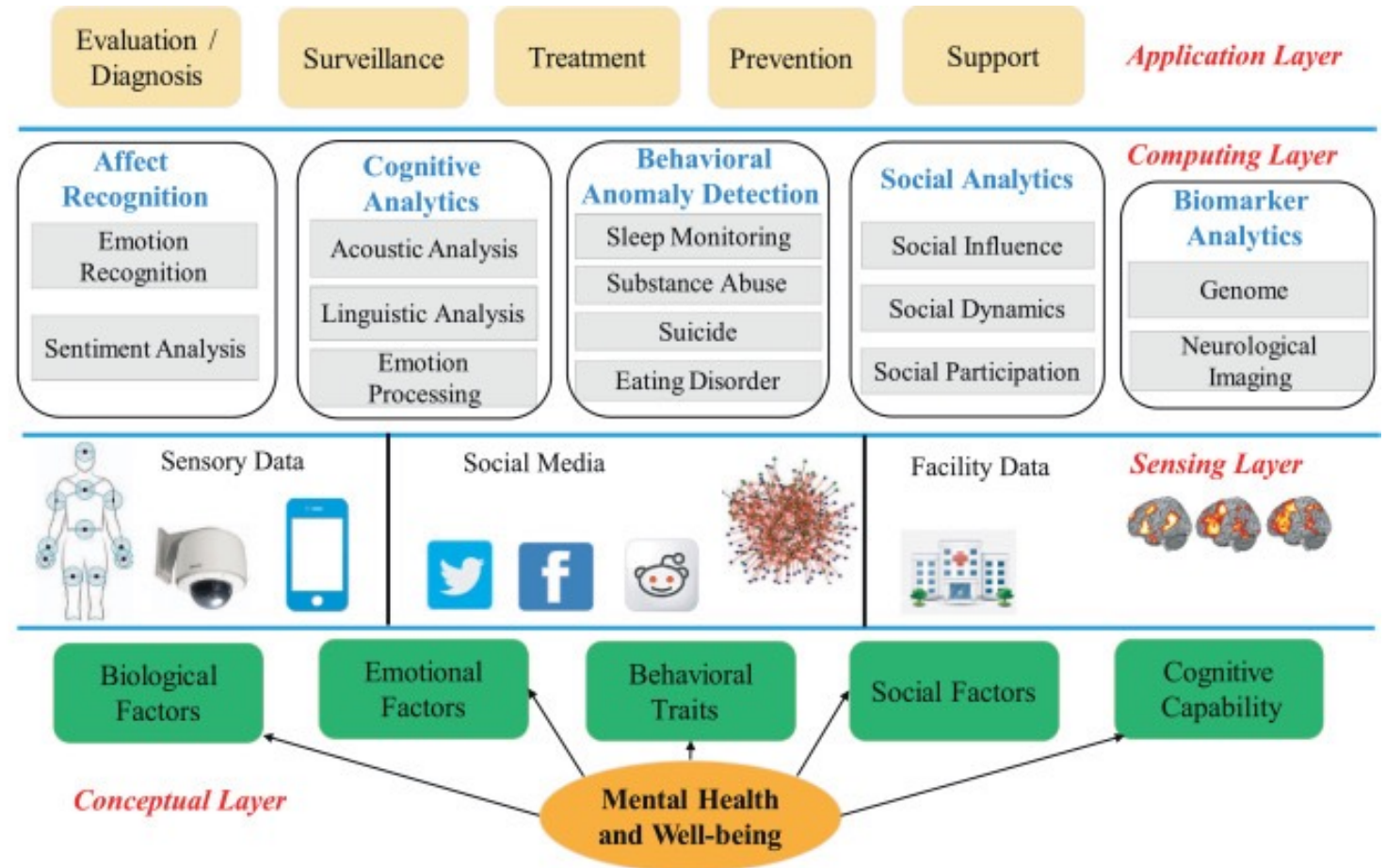
# Solutions = Digital phenotyping?



- Refers to the instantaneous and ***personalised quantification*** of a human phenotype using computerised measurement tools  
(Torous et al. 2016)

Active

Passive



Insel, 2017; Liang et al., 2019.

*“The vision of MEPHESTO is to help break the scientific ground for the next generation of precision Psychiatry through AI-based social interaction analysis.”*



# MEPHESTO

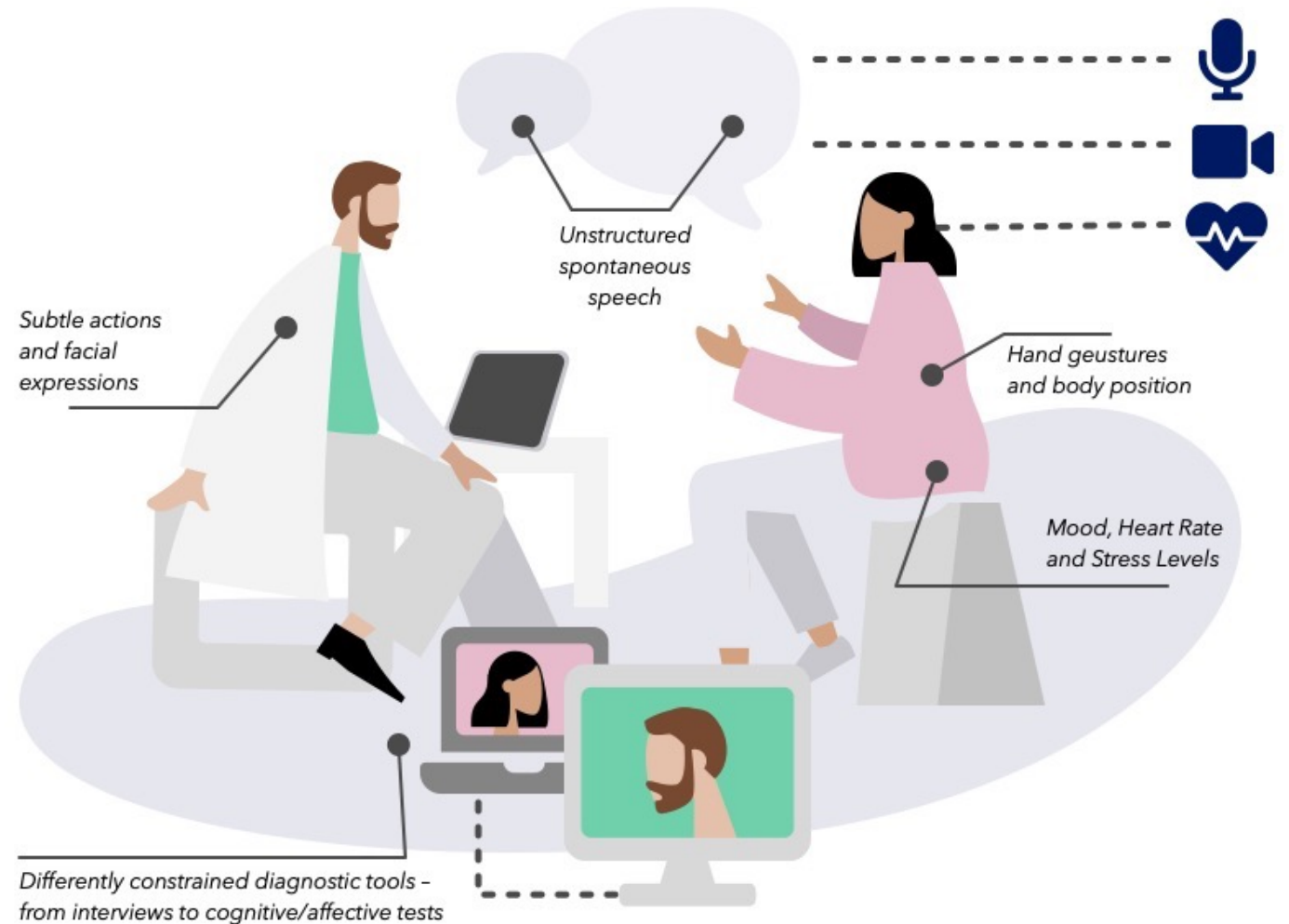
*Digital Phenotyping 4 Psychiatric Disorders from Social Interaction*



# MEPHESTO

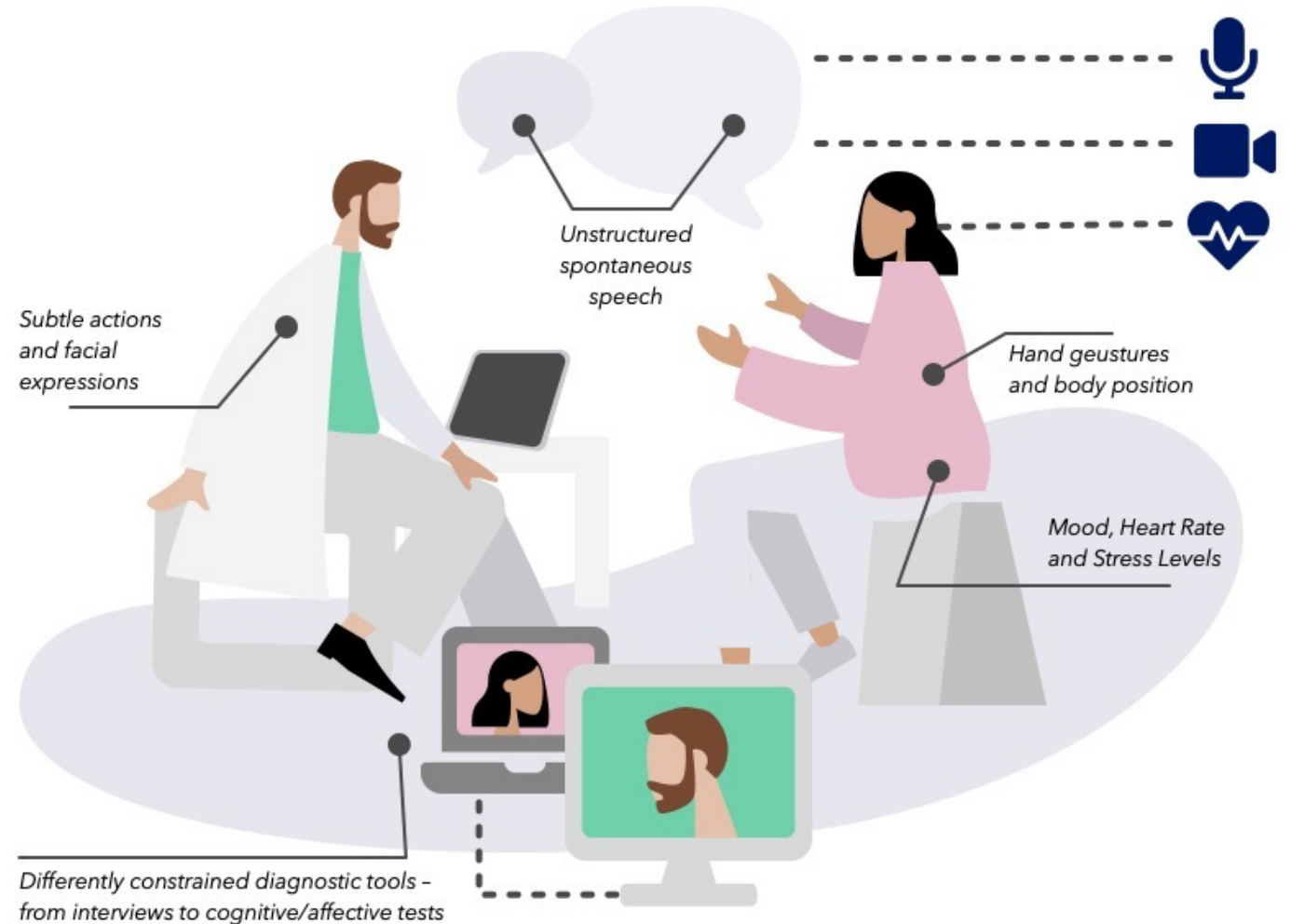
*Measuring clinical evidence  
where it really matters*

*By modelling symptoms  
through multi-modal sensors*

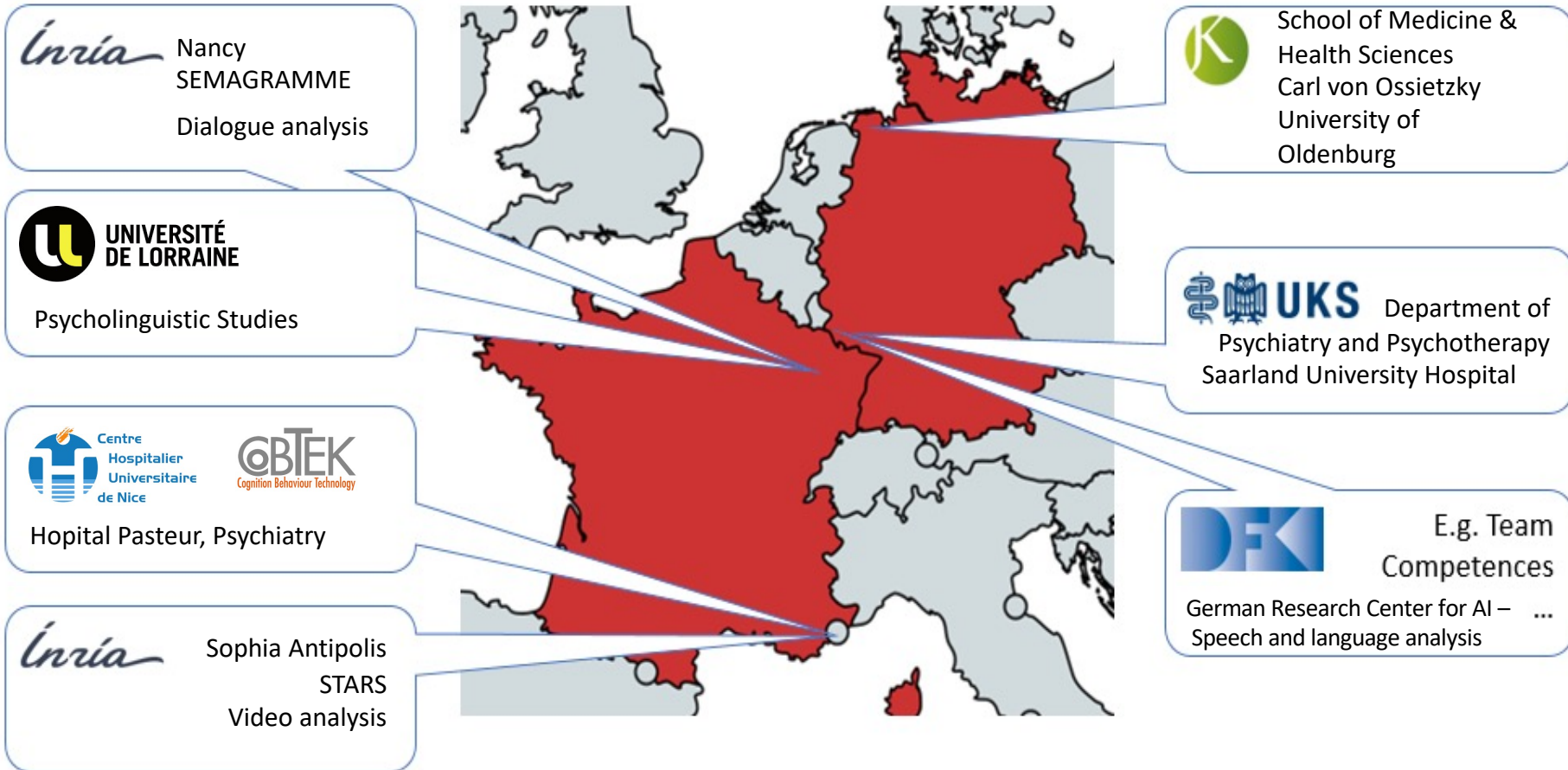


# MEPHESTO

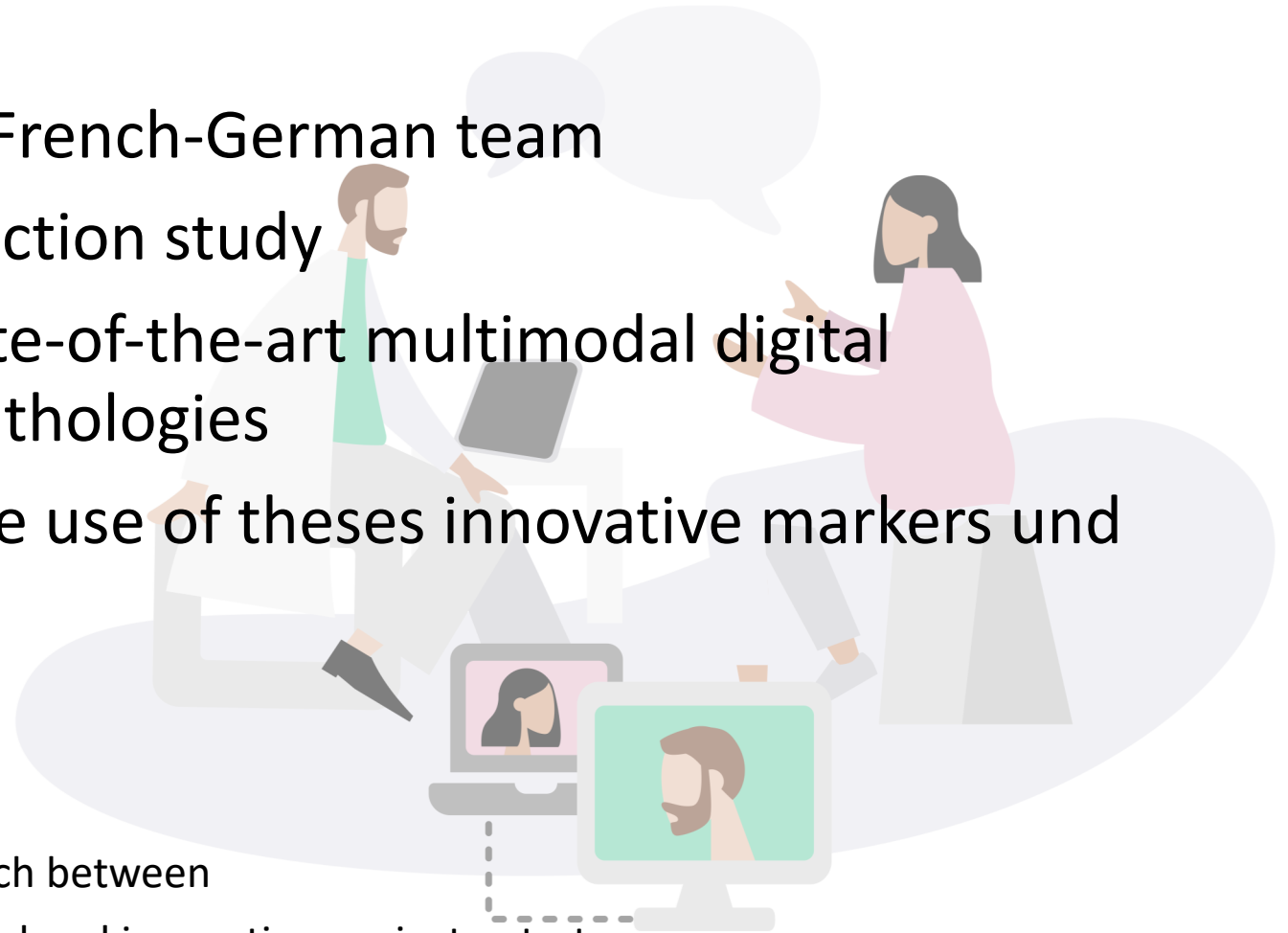
*Developing a framework  
for validation of  
digital phenotypes  
for psychiatric disorders  
from clinical  
social interactions.*



# Team



- Establish a multidisciplinary French-German team
- Design a multi-site data collection study
- Establish a set of beyond state-of-the-art multimodal digital biomarkers for psychiatric pathologies
- Demonstrate feasibility of the use of these innovative markers and clinical scenarios
- Publishing and conferences



**Short-term** | Establishing multidisciplinary research between  
INRIA and DFKI

**Long Term** | generate applied and innovation projects, start-up  
creation & industrial projects

# MEPHESTO *protocol*

T0

## Study start

### Recruitment

- Screening for Schizophrenia, Bipolar disorder and Depression
- Scale for assessing symptom severity
- Cognitive tests

T1

## Recorded Semi-structured clinical interviews:

« What do you want to talk about? »  
(family, work, relationship, hobbies)



- Working Alliance Inventory (3 items)

T2

T3

T4

T5

## Discharge

- Symptom severity scales
- Working Alliance Inventory
- Patient satisfaction Questionnaire

# MEPHESTO *protocol*

T0

## Study start

### Recruitment

- Screening for Schizophrenia, Bipolar disorder and Depression
- Scale for assessing symptom severity
- Cognitive tests

T1

## Recorded Semi-structured clinical interviews:

« What do you want to talk about? »  
(family, work, relationship, hobbies)



- Working Alliance Inventory (3 items)



T2

T3

T4

## Discharge

- Symptom severity scales
- Working Alliance Inventory
- Patient satisfaction Questionnaire

T5

Follow-up Remote or F2F

T6

## at 3 Months:

Symptom severity scales

Interview (video-conference)



T7

## at 6 Months:

Symptom severity scales

Interview (video-conference)

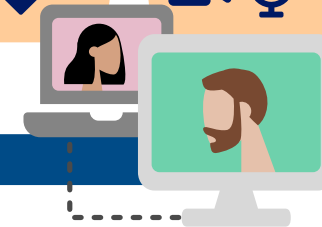


T8

## at 9 Months:

Symptom severity scales

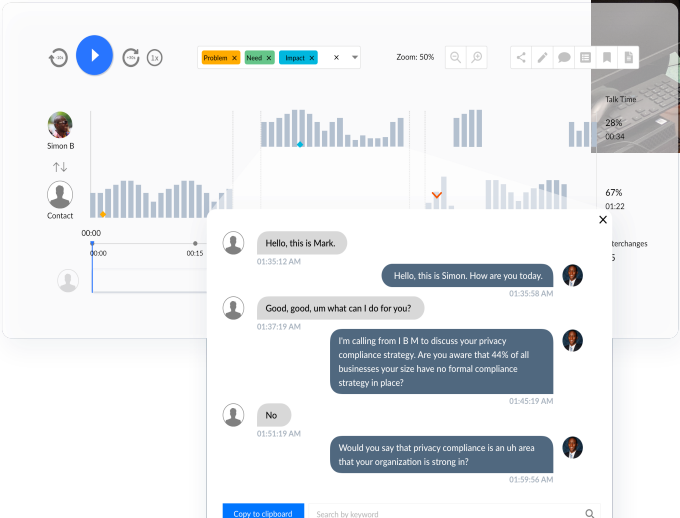
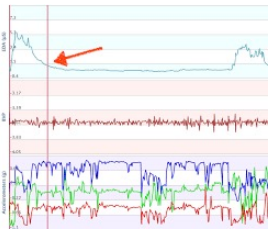
Interview (video-conference)





# MEPHESTO

Technical Set up at Pasteur Clinic Nice

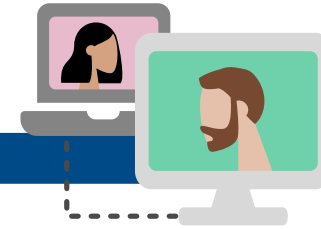


# MEPHESTO Use Cases





# MEPHESTO Use Cases



## Study 1: Cross-sectional analysis:

Correlation of audio, video and physiological data with symptom severity on standard clinical scales (in all disorders)

## Study 2 : Supporting Differential Diagnosis :

Predictive early markers for signs of trauma in Major Depressive Episode, Bipolar Disorder and Post Traumatic Stress Disorder

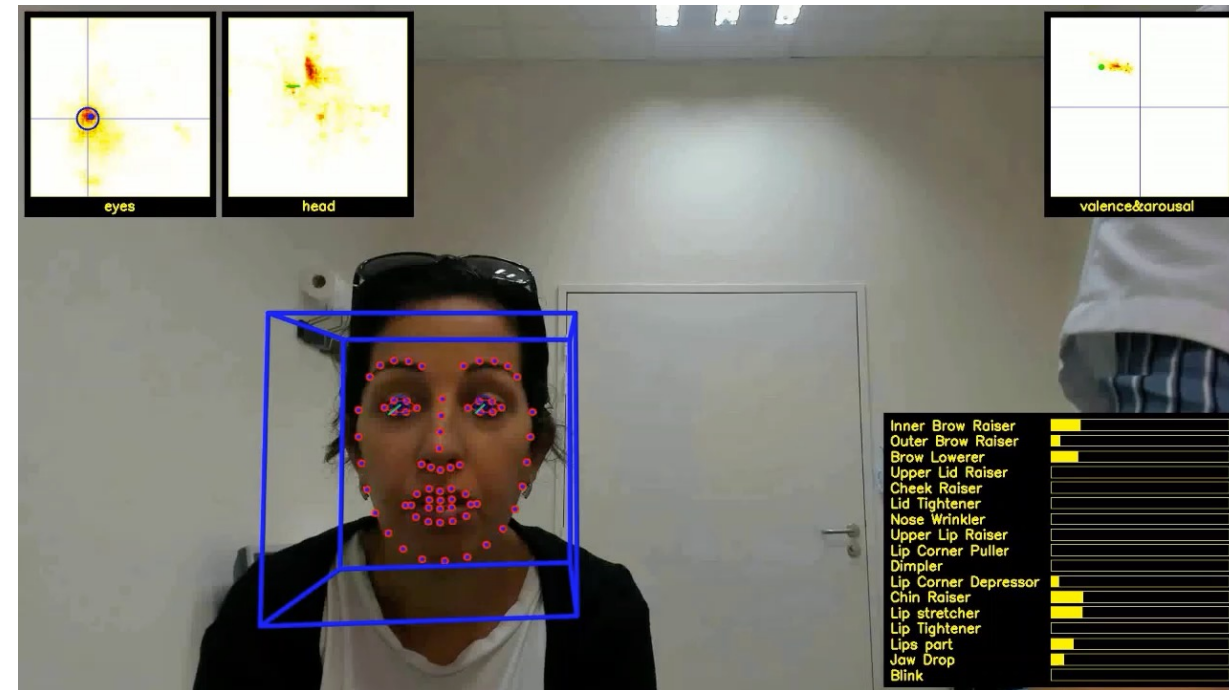
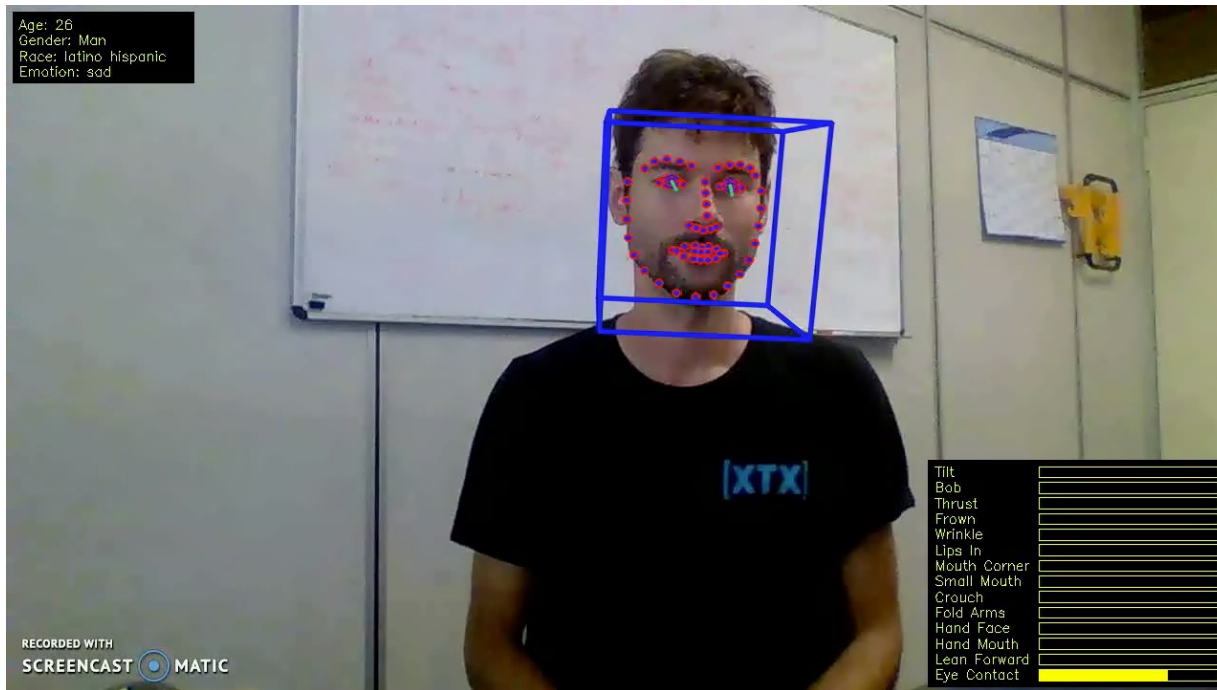
## Study 3: Quantify Therapeutic Alliance:

Which multimodal measure are indicative for interaction quality levels between clinicians and patients?

## Study 4: Relapse Prediction:

Prediction of symptoms progress & treatment response; definition of digital phenotypes (over time)

# Interaction analysis





# Remote Telemedicine setup


[List of Patients](#) [Add a Patient](#) [Open Room](#)

Room of Clinician

Select a session ▾



Uploading 

Patient seeing 

Recording 